THE LIGHTS COMMUNITY & SPORTS CENTRE

September/ October 2026 School Holiday Program

Bookings are required

Contact our friendly staff

8405 6670

PAE the LIGHTS + PAE youth

MON 28 SEPT

GLOW GYM HOLIDAY FUN

Join us for our Glow Gym session holiday special and enjoy a morning of fun! Explore and enjoy the jumping castle, arts and craft, soft play equipment, interactive games wall, sports activities, mini golf, ball games and much more with the whole family.

10am–12pm
Ages 6mths–5yrs | $5 per family

TUES 29 SEPT

SPARKBALL COME & TRY GROWING FOR GOLD

This is an introductory basketball program for 5-10 year olds, providing both boys and girls a safe and enjoyable basketball experience, with a whole lot of fun!

4–6pm
Ages 5–10 | FREE

WED 30 SEPT

MOVE & GROW COME & TRY GROWING FOR GOLD

Through fun and engaging activities, children will learn and practice key movement skills such as running, jumping, balancing, throwing, kicking, and moving with confidence for all abilities and levels. Implementing a foundation for a lifelong benefit and encourages the stage for future success in sports, play and everyday activities. The program has been professionally developed and we aim to provide an effective developmental progressive pathway for children.

10–11am | Ages 3–5yrs | FREE

SHUTTLE SMASH COME & TRY GROWING FOR GOLD

The badminton session consists of a structured, socially fun, learning the fundamentals of badminton with experienced coaching. Badminton beginners are encouraged to join.

5–8pm | Ages 5–12 | FREE

THURS 1 OCT

VOLLEY BLAST COME & TRY GROWING FOR GOLD

Introducing the fundamentals of Volleyball. Participants will learn how to spike, set, and dig, as well as participating in engaging skills-based games on a modified court. Volleyball beginners are encouraged to join!

4.30–5.30pm
Ages 8–14 | FREE

FRI 2 OCT

KIDS ACTIVATE

Join The Lights action-packed fun sports and games session. Offering a variety of fun filled sports activities including basketball, badminton, volleyball, table tennis, pickleball, mini golf and more. Connect with friends and come have a blast.

12–2pm
Ages 8–17 | FREE

TUES 6 OCT

SENSORY MAGIC WITH EBONY 'KIDS SCIENCE'

Join Ebony for a fun, interactive science show from exploding coke to bubbling rainbows, there will be plenty of hands-on fun. Please note: Active adult supervision is required for the duration of the session.

10–11am
Ages 4–10 | $8

WED 7 OCT

PUSHING PERFORMANCE FITNESS FUN

Fitness made fun! Come and train with the Pushing Performance Gym staff. All abilities and levels are invited to give it a go!

2–3pm
Ages 8–18 | $5

THURS 8 OCT

WORLD SPORTS 'TRY SOMETHING NEW'

Be active and try something new! European Handball, Ultimate Frisbee, Pickleball, Dodgeball, Golf, Lacrosse & more!

12–2pm
Ages 10–17 | FREE

FRI 9 OCT

MICKSTER THE TRICKSTER MAGIC SHOW

Let's Get Tricky is a fun-filled interactive magic show bursting with energy, laughter and surprises. After the show, enjoy a special meet-and-greet.

2–3pm
Ages 5+ | $6